

## Food Security

### Key Community Health Needs Assessment Findings:

- Trade-off between paying for housing, food, transportation, child care, medical care, etc.)
- Limited access to healthy foods

Goal	Reduce food insecurity and increase healthy food access for low-income community members
Strategies	Anticipated Impact
Expand access to food security programs specifically addressing health care-related food access (e.g., food pharmacy, medically tailored meals, Meals on Wheels, health policy advocacy). <sup>89</sup>	<ul style="list-style-type: none"> <li>• Improved access to healthy food for low-income individuals across San Mateo and Santa Clara counties</li> <li>• Improved associated health outcomes</li> </ul>
Increase screening efforts for social determinants of health (e.g., food security). <sup>65, 68, 90, 91, 92, 93, 94</sup>	<ul style="list-style-type: none"> <li>• Identification of greater proportion of food-insecure individuals in San Mateo and Santa Clara counties</li> <li>• Improved access to healthy food for low-income individuals across San Mateo and Santa Clara counties</li> <li>• Reduced proportion of individuals who are food insecure</li> </ul>
Expand capacity of existing food access programs and/or support new programs to increase access to nutrient-dense foods. <sup>95, 96, 97, 98, 99, 100, 101, 102, 103, 104</sup>	<ul style="list-style-type: none"> <li>• Improved access to healthy food for low-income individuals across San Mateo and Santa Clara counties</li> <li>• Increased proportion of low-income individuals in San Mateo and Santa Clara counties who eat three meals per day</li> <li>• Reduced proportion of individuals in San Mateo and Santa Clara counties experiencing poor health outcomes that are a result of food insecurity</li> <li>• Reduced proportion of individuals who are food insecure</li> <li>• Reduced diabetes/obesity rates</li> </ul>

Click [here](#) to view end notes.