2023 Community Benefit Plan



Behavorial Health

Key Community Health Needs Assessment Findings:

- Access to mental health care and substance use treatment is limited for all, worse for BIPOC and low-income individuals
- COVID-related stress: depression, anxiety, trauma, grief, economic factors
- Isolation for older adults and youth
- Suicide is higher than California's average for all age groups
- Justice system issues: BIPOC individuals experience higher rates of incarceration (drivers: racism, jail in lieu of health care services)
- Rising drug overdose deaths among community members

Goal	Improve access to affordable, high-quality mental/behavioral health care services
Strategies	Anticipated Impact
Support integrated mental health and substance use services/treatment for co-occurring mental illness and addiction. ^{26,27}	 Improved access to mental/behavioral health programs and services Increased proportion of community members served with effective mental/behavioral health services Improved coordination of mental/behavioral health services Improved mental/behavioral health among those served Improved housing and economic security by addressing the behavioral health conditions that contribute to housing instability
Support screening and referral for mental/ behavioral health issues both at primary care visits and in emergency departments, and training for such screening when appropriate. ^{28,29,30}	 Improved access to mental/behavioral health programs and services Increased proportion of community members served with effective mental/behavioral health services
Support initiatives aimed at increasing the supply of diverse mental/behavioral health providers in community/safety net clinics. 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43	 Increased rate of mental/behavioral health providers per 100,000 community residents Reduced attrition of mental/behavioral health providers Increased diversity of mental/behavioral health providers
Support programs that assist individuals recovering from addiction to transition back into the community. ^{45, 45}	Reduced housing instability among individuals with mental illness/ substance addiction
Goal	Improve access to affordable, high-quality mental/behavioral health care services
Support programs that pair health professionals trained in mental/behavioral health crisis response with law enforcement or other security professionals. 46, 47, 48, 49	Improved outcomes of encounters between mentally ill individuals and law enforcement

Click here to view end notes.